



St Germain Senior Café

Serving Wednesday, Thursday and Friday at 12:00 Noon The St. Germain Community Center

Join us for food, fellowship and fun. For reservations or cancellations, please call Nancy Moser at 715-617-2795 (MUST Call 24 hours in advance)

*Lighter Substitute available in place of Main Entrée: Grilled Chicken Salad (or Healthy Salad)

Wednesday

2

Chicken Breast with Bacon Mushroom Sauce Diced Seasoned Potatoes Country Trio Veggie Blend, Biscuit

9

Roast Beef
Mashed Potatoes & Gravy
Brussels Sprouts
Whole Wheat Bread
Pumpkin Bar

16

Lemon Pepper Fish Baby Red Potatoes, Peas Rye Bread Banana Cream Pie Bar

23

Swiss Steak
Parsley Buttered Potatoes
Seasoned Broccoli
Banana
Chocolate Cake

30

Meat Lasagna, Wax Beans
Romaine & Spinach Salad with
Dressing
Garlic Breadstick
Blueberry Coffee Cake

Thursday

3

Beef Stroganoff
Mashed Potatoes
Broccoli Salad
Whole Wheat Bread
Strawberries, Angel Food Cake

10

Chef Salad with Romaine Lettuce Tomatoes, Diced Turkey, Hard Boiled Egg, Shredded Cheese, Dressing, Fresh Roll Split Pea Soup, Cookie

17

Ham & Scalloped Potato
Casserole, Pacific Blend Veggies
Whole Wheat Roll
Creamy Fruit Salad

24

Garlic Lime Chicken
Homemade Mac & Cheese
3 – Bean Salad
Mandarin Oranges
Oatmeal Raisin Cookie

Meals sponsored by the ADRC of Vilas County

Friday

4

Crab Pasta Salad over Romaine
Tomato Wedges
Dinner Roll
Peaches
Lemon Bar

11

Creamy Chicken Vegetable
Casserole
Broccoli
Oat Bran Bread
Mixed Fruit, Carrot Cake

18

Sloppy Joe on a Bun Roasted Potatoes Baked Beans Grape Salad

25

Swedish Meatballs
Mashed Potatoes & Gravy
Country Trio Blend Veggies
Whole Wheat Bread
Applesauce



Home delivered meals are available based on eligibility.

All meals served with whole grain bread or roll. butter or margarine. coffee and low fat milk.

Rides are provided as needed. Please arrange with Nancy when making reservations.